

# Train Your Brain

**Cognitive Activities for Seniors**



**Crossword Puzzles • Art • Wordsearch Games**



**Joplin Elder Law**

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417-622-4072

[joplinelderlaw.com](http://joplinelderlaw.com)



**Elyse Hartley**

**Lori Rook**

We consider what is best for our clients from all points of view, including the legal, medical, financial, social and family issues. We approach these issues in an objective way, with a primary emphasis on promoting the highest quality of life for the individuals that we serve.

We assist clients in planning for the possibility of disability, incapacity, home health care, assisted living and/or nursing home placement. Through estate planning and asset protection planning, our firm helps clients to avoid probate and impoverishment caused by escalating costs of long term care. We also help our clients maintain their right to make health care decisions and avoid unnecessary medical treatment.

Our Elder Law practice focuses on the legal needs of the elderly and disabled. We meet with clients where they are most comfortable. If a client is unable to travel to our office, we can meet with them at their residence, assisted living facility, nursing home or hospital room.



**JOPLIN**

**ELDER LAW**

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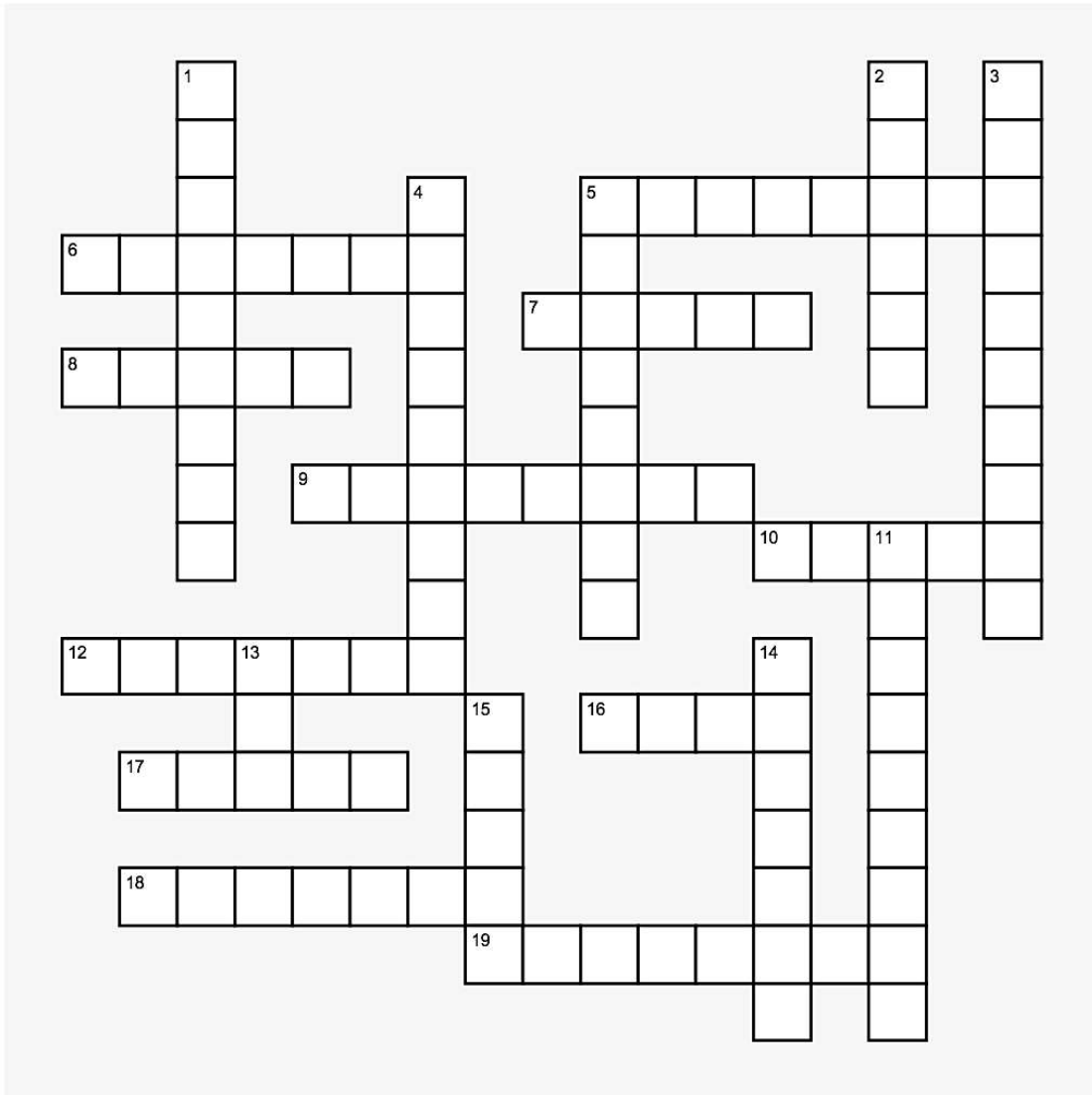


# WILDFLOWERS

L Y P P O P B A R K O V E  
I B S L A L L O R O C I K  
E W L I L D F C L O Y E W  
E L E O R S L I T I L G S  
R O A F S O T B E M I A N  
E F F R V S R U O E M S U  
W N D E K O O D Y T A I N  
O L R T O S D M R S F H R  
L A E T M E P E O S I E T  
F U U E E N W U L I H A K  
N N E S S O L Y R T P L D  
U N A C L O V I N E S E S  
S A F F C F R A G E N U S

Annual	Daisy	Root
Anther	Family	Rose
Bark	Flower	Sage
Blossom	Genus	Seed
Bud	Larkspur	Stem
Clover	Leaf	Sunflower
Corolla	Poppy	Vines

# ANIMALS



## ACROSS

- 5) Nut collector
- 6) Emu's cousin
- 7) Bullwinkle, for one
- 8) Centaur, in part
- 9) Aquarium favorite
- 10) Sea spouter
- 12) Barnyard bird
- 16) Fox's prey
- 17) Furry swimmer
- 18) Bird with flippers
- 19) Aussie hopper

## DOWN

- 1) Monarch, e.g.
- 2) Slowpoke
- 3) Lizard's relative
- 4) Quick change artist?
- 5) Desert stinger
- 11) Everglades denizen
- 13) Alley \_\_\_\_
- 14) Spotted stalker
- 15) Odor emitter



# GARDENING

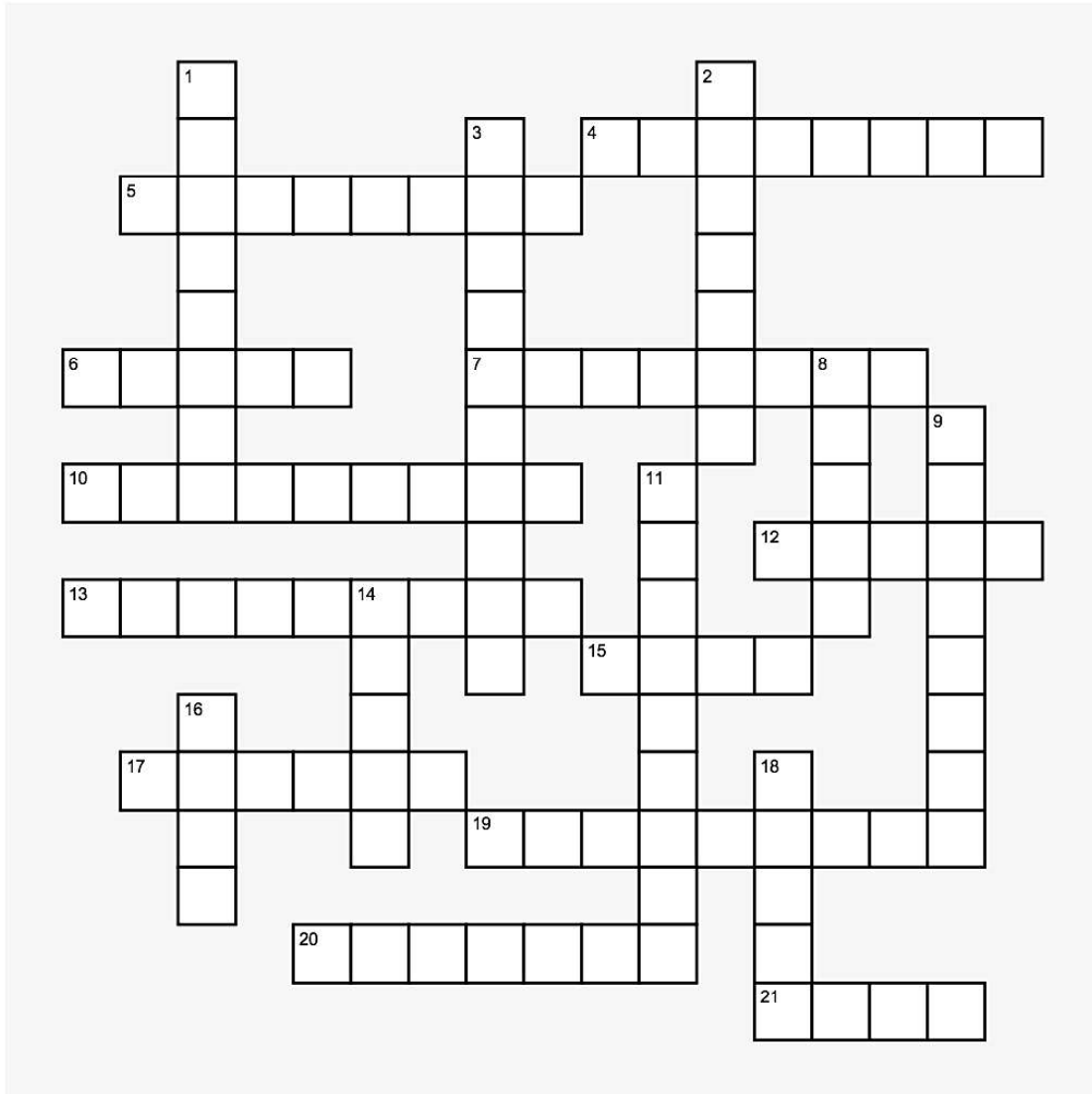
F L O W E G E R M I N A T E  
R S S E L B A T E G E V T A  
R E R Y W O R G E S S R T L  
F F U A L N S B U S O T I O  
L H R D O S I N E W E O O T  
S O K U A A S A E E S E H T  
H E A R I H S L R T S G D H  
R E G Y I T H A N V I H E S  
U N R N E I T H E N E A R R  
B E E E M O T I D O N R S E  
S N O R T C O N R F L V I M  
C A N N U A L S A T S E R M  
R G R B M R W T G T R S Z U  
B F L O W E R S T N B T V S

Annuals  
Bees  
Day  
Flowers  
Fruit  
Garden  
Germinate

Grass  
Grow  
Harvest  
Hoe  
Night  
Rain  
Seeds

Shrubs  
Soil  
Summer  
Sunshine  
Trowel  
Vegetables  
Water

# SEASIDE



## ACROSS

- 4) Clingy crustacean
- 5) Wind-driven craft
- 6) Where the buoys are
- 7) Moving waters
- 10) Spineless one
- 12) Sandy area
- 13) Coney Island attraction
- 15) Coral formation
- 17) Wave rider
- 19) Two-hulled vessel
- 20) Saturday and Sunday
- 21) Ocean motion

## DOWN

- 1) Marine creature's home
- 2) Flying saucer
- 3) Shore construction
- 8) Drying cloth
- 9) Holiday from work
- 11) Beach whistle-blower
- 14) Breakers
- 16) Beach hill
- 18) Luxury boat



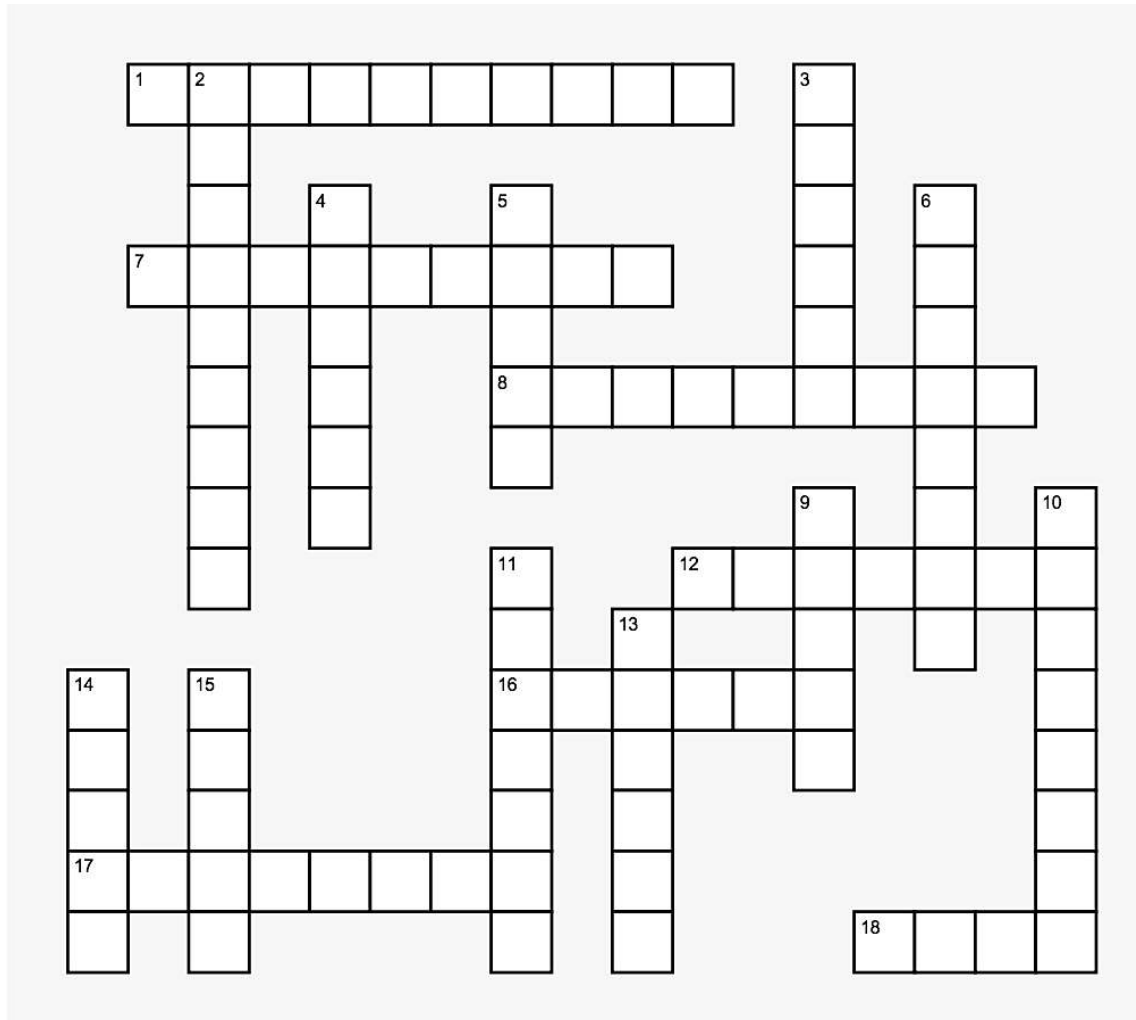


# TRAVEL

E N O I T A C A V P P T X  
P L O R H O T E L A A I T  
I T O U R O N I S S S C D  
E R E E A L L S E S Y K I  
L T K H E E P T S E S E R  
C E I N C O U E O N F T E  
Y A H T R O L D G G F T C  
C P M T R E C U L E H P T  
R A E E T O I R R R I H I  
O M U O R D P R U H O M O  
T A M N E A Y R S I S W N  
O A U T O P I R I I S T S  
M N I A R T T R K A D E K

Airport	Hike	Route
Auto	Hotel	Ship
Camera	Map	Ticket
Cruise	Motel	Tour
Directions	Motorcycle	Train
Ferry	Passenger	Vacation
Guide	Passport	World

# SPACE

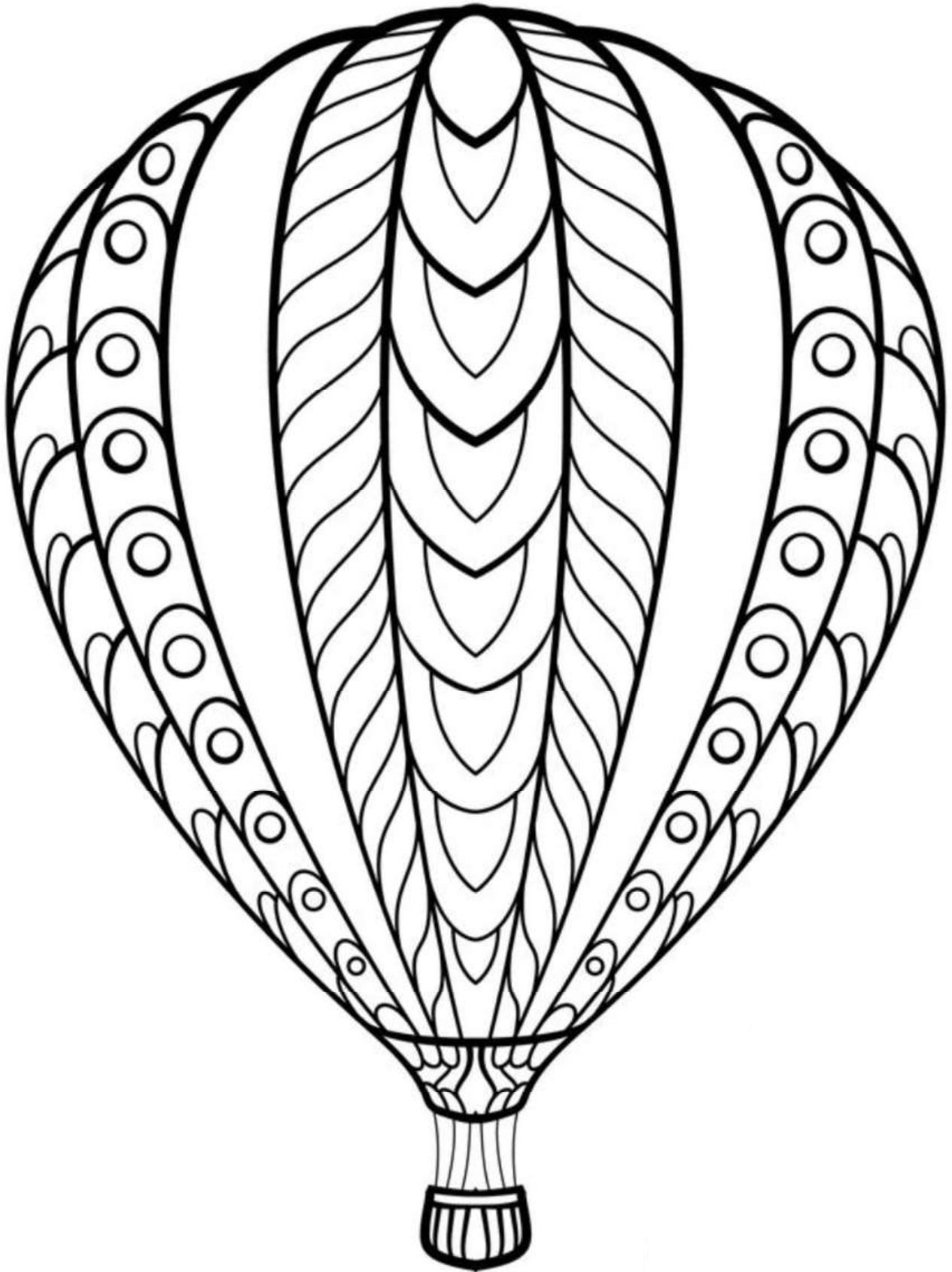


## ACROSS

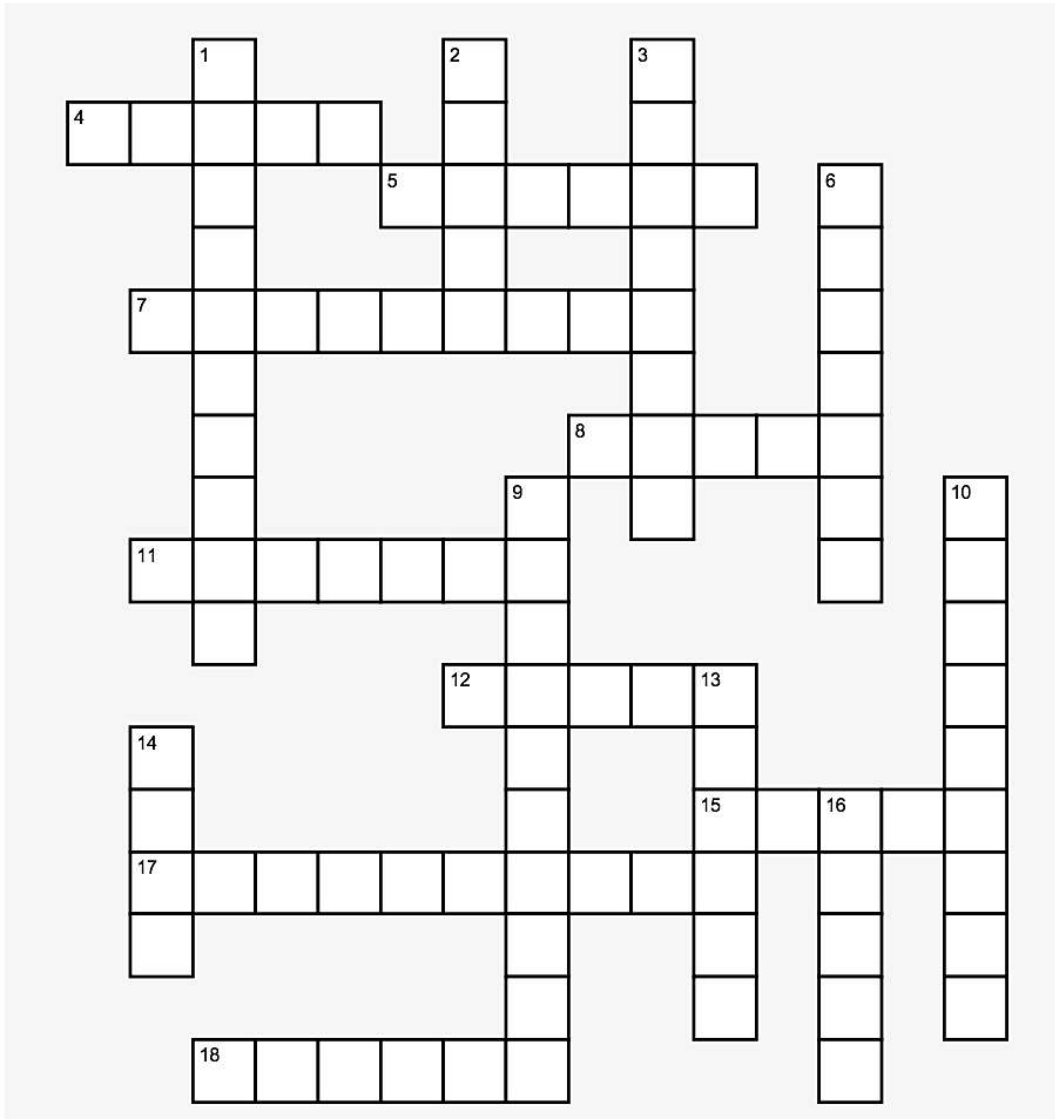
- 1) Sky-at-night observer
- 7) Observatory instrument
- 8) Planet beyond Sol's grasp
- 12) Attractive force
- 16) Mars or Neptune, e.g.
- 17) All there is
- 18) Space Race goal

## DOWN

- 2) Exploding star
- 3) Solar halo
- 4) Falling star
- 5) Halley's \_\_\_\_\_
- 6) Body in a belt
- 9) Terra firma
- 10) Lightest element
- 11) Largest of the planets
- 13) Milky Way, e.g.
- 14) Evening star
- 15) Planet's path



# FRUIT

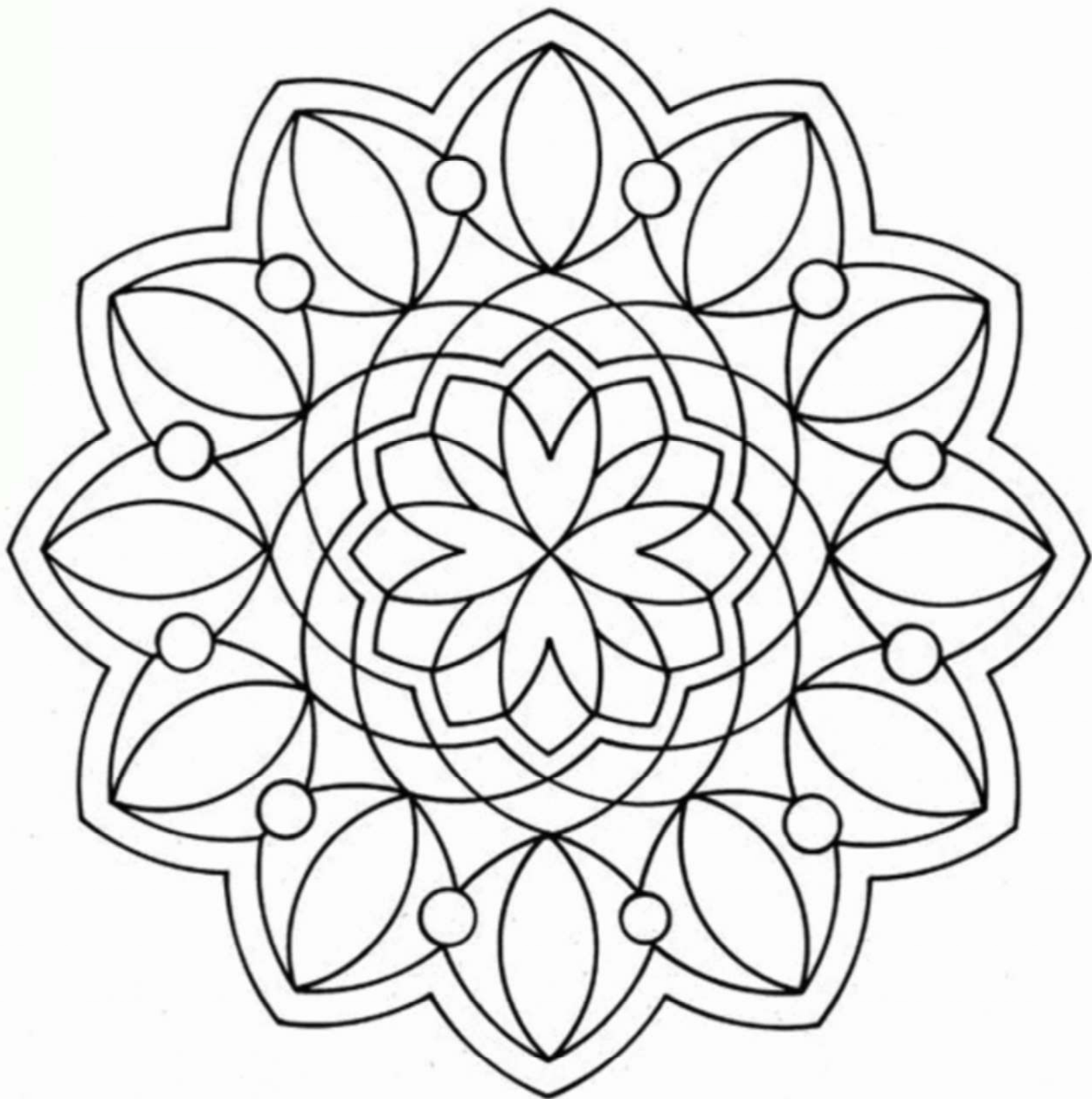


## ACROSS

- 4) Fuzzy fruit
- 5) Kind of split
- 7) Bronx cheer
- 8) Clunker
- 11) Nectar source
- 12) National fruit of India
- 15) Kind of sauce
- 17) Picnic fare
- 18) Sundae crown

## DOWN

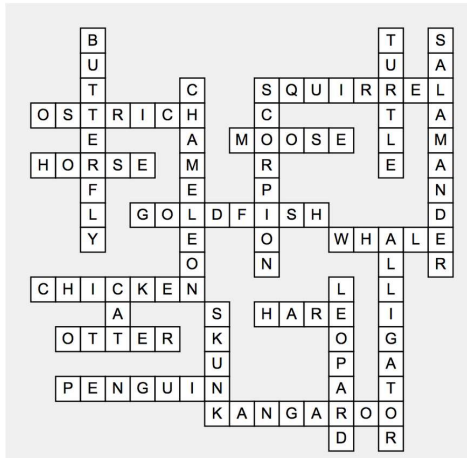
- 1) Breakfast melon
- 2) Vineyard fruit
- 3) Green-fleshed melon
- 6) Noggin
- 9) Shortcake item
- 10) Good in muffins
- 13) Halloween hue
- 14) New Zealand native
- 16) Cut back



# ANSWER KEY



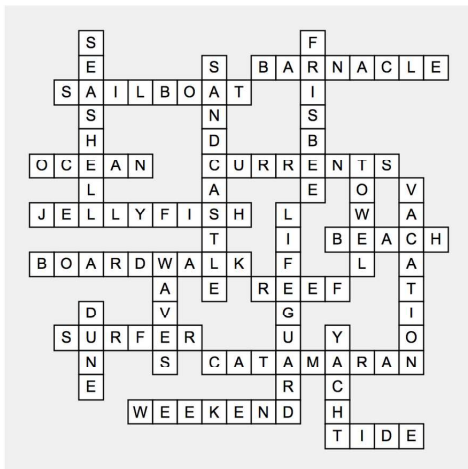
Wildflowers



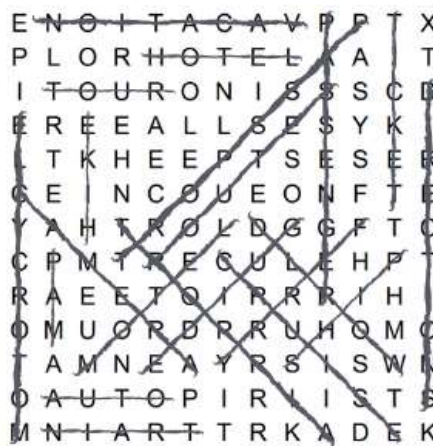
Animals



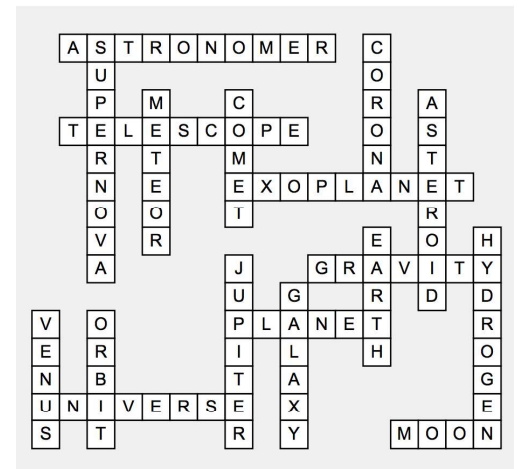
Gardening



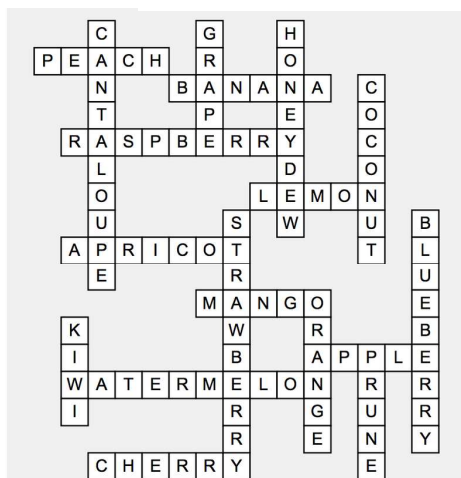
Seaside



Travel



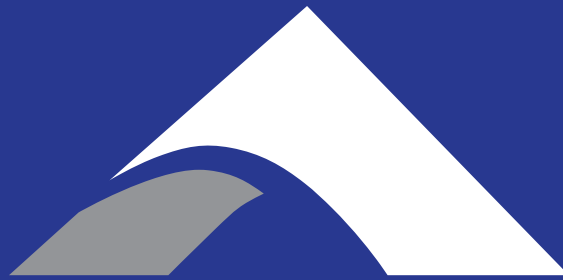
Space



Fruit

## 5 INDOOR ACTIVITIES

- **GAMES** - VIRTUAL GAMES, PUZZLES, CARD GAMES
- **HOBBIES** - KNITTING, SEWING, CRAFTING
- **CHAIR EXERCISES** - KNEE LIFTS, PUSH-UPS, HEEL TAP, CHAIR STANDS
- **MOVIES/BOOKS**
- **INDOOR GARDENING**



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